



DAYANA RESTREPO, Ph.D.

ASSISTANT PROFESSOR
OF PSYCHOLOGY

Taylor University

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RESEARCH INTERESTS

- Developmental Psychology
- Emotion Regulation
- Educational Psychology
- Developmental Psychopathology
- Psychometrics
- Academic Stress
- Mental Health
- Cross-Cultural Psychology

LANGUAGES

🌐 Spanish (Native)

🌐 English (Professional)

Dayana Restrepo, Ph.D.

ASSISTANT PROFESSOR OF PSYCHOLOGY
TAYLOR UNIVERSITY

*Advancing psychological science through research,
teaching, and international collaboration.*



PROFESSIONAL PROFILE

Developmental psychologist, educator, and researcher with expertise in emotion regulation, developmental psychopathology, psychometrics, and academic stress and Well-being. Her scholarship integrates psychological, educational, and psychophysiological approaches to understand human development across diverse cultural contexts.

She currently serves as **Assistant Professor of Psychology at Taylor University** (USA), where she integrates psychological science with a Christian worldview to foster the holistic development of students. Through teaching, mentoring, and scholarship, she seeks to prepare graduates who excel in knowledge, professional practice, and character, while maintaining an active research agenda involving collaborations across Europe, Latin America and North America.



RESEARCH HIGHLIGHTS



25+

Peer-reviewed
publications



20+

International
research
collaborations



3

Universities
served as faculty
member



6000+

Research
participants
across studies

RESEARCH AREAS

Developmental Psychology • Emotion Regulation • Educational Psychology
Academic Stress • Psychometrics • Developmental Psychopathology
Positive Psychology • Mental Health • Cross-Cultural Research



CURRENT APPOINTMENT

2026–Present

Assistant Professor of Psychology

Taylor University, Upland, Indiana, USA

Teaching undergraduate psychology courses while maintaining an internationally collaborative research program focused on developmental psychology, educational outcomes, emotion regulation, and psychological assessment.

*Committed to rigorous scholarship, meaningful teaching,
and the development of the whole person.*

DAYANA RESTREPO,
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ASSISTANT PROFESSOR OF
PSYCHOLOGY

EDUCATION

Ph.D. in Psychology	2023
M.A. in Psychology	2017
B.S. in Psychology	2008

Universidad del Norte
Barranquilla, Colombia

Credentials evaluated and recognized in the
United States by World Education Services (WES).

Research Scholar	2019
(Visiting Research Stay)	

Université de Bordeaux
Bordeaux, France

Research focus: Cross-Cultural Psychology

Graduate Coursework in Education 2013

(Early Literacy Development)

State University of New York
at Albany, USA



PUBLICATIONS

JOURNAL ARTICLES

- Benítez-Agudelo, J. C., Restrepo, D., & Clemente-Suárez, V. J. (2026). Psychophysiological and emotional stress responses in higher education: A neuroeducational approach to sex and discipline differences. Trends in Neuroscience and Education. <https://doi.org/10.1016/j.tine.2026.100283>
- Benítez-Agudelo, J. C., Restrepo, D., & Clemente-Suárez, V. J. (2025). Gender differences in psychophysiological responses to stress and academic performance: The role of sleep, anxiety, and Heart Rate Variability. Physiology & Behavior, 299, 114970. <https://doi.org/10.1016/j.physbeh.2025.114970>.
- Benítez-Agudelo, J. C., Restrepo, D., Navarro-Jimenez, E., & Clemente-Suárez, V. J. (2025). Longitudinal effects of stress in an academic context on psychological well-being, physiological markers, health behaviors, and academic performance in university students. BMC Psychology, 13(1), 753. <https://doi.org/10.1186/s40359-025-03041-z>
- Restrepo Cervantes, D., Chamorro Coneo, A., Bolivar Pimiento, D., Hoyos de los Rios, O., & Llinás Solano, H. (2024). A Psychometric Analysis of the Moral Disengagement Scale (MDS) in Association to Bullying Roles in Colombian Youth. International Journal of Bullying Prevention, 1–11. <https://doi.org/10.1007/s42380-024-00215-y>
- Marenco-Escuderos, A. D., Restrepo, D., & Rambal-Rivaldo, L. (2024). The role of digital vs. face-to-face educational contexts in academic engagement profiles: A comparative study during and after lockdown. Revista de Investigación Educativa, 42(1), 61–77. <https://doi.org/10.6018/rie.545371>.
- Marenco-Escuderos, A. D., Cervantes, D. R., & Rambal-Rivaldo, L. I. (2023). Resilience profiles associated with academic engagement and social support in university students. Interdisciplinaria, 40(2), 231–243. <https://doi.org/10.16888/interd.2023.40.2>
- Marenco-Escuderos, A. D., Cervantes, D. R., & Rambal-Rivaldo, L. I. (2021). Resilience profiles associated with social support and engagement for overcoming academic obstacles in undergraduate education. Journal of Systemics, Cybernetics and Informatics, 19(8), 139–147.
- Cervantes, D. R., Sabatier, C., de Lange, A. C. M., Sañudo, J. E. P., Torres, M. M., & de los Ríos, O. L. H. (2021). Spanish linguistic adaptation and validation of the factorial structure of the Children's Sadness Management Scale (CSMS-E). Revista de Psicología Clínica con Niños y Adolescentes, 8(1), 16–23.
- Esparza, N., Guerrero, M., Hoyos, O., Restrepo, D., Jiménez, A., & Mayor, S. (2021). Interdisciplinary development of Eru, an educational video game. Arte, Individuo y Sociedad, 33(1), 71–86.
- Suárez, Y., Restrepo, D., Caballero, C., & Palacio, J. (2018). Exposure to violence and suicidal risk in Colombian adolescents. Terapia Psicológica, 36(2), 101–111.
- Sabatier, C., Restrepo Cervantes, D., Moreno Torres, M., Hoyos de los Ríos, O., & Palacio Sañudo, J. (2017). Emotion regulation in children and adolescents: Concepts, processes, and influences. Psicología desde el Caribe, 34(1), 101–110.
- Suárez, Y., Cervantes, D. R., & Domínguez, C. C. (2016). Suicidal ideation and its relationship with emotional intelligence in Colombian university students. Revista Salud UIS, 48(4), 470–478.

BOOK CHAPTERS

- Restrepo, D., Rocha, A. S., & Martínez, A. (2025). Being a teacher in the Colombian Caribbean: Contexts, motivations, and competencies. In M. Herron, A. Lafaurie, & A. Martínez (Eds.), MASRED: A program for strengthening pedagogical training of mathematics and Spanish language teacher educators in the Colombian Caribbean region (pp. 19–62). Ediciones Uninorte.
- Medina Cantillo, G., Restrepo, D., Suárez Colorado, Y., & Chamorro, A. (2025). Psychometric validation of the Positive Sexuality Scale (SEXPA). (Working Papers, No. 6). Ediciones Universidad Cooperativa de Colombia.
- Santiago, J., Restrepo, D., Suárez Colorado, Y., & Zapata, M. J. (2024). Musical preferences of young adults in the Colombian Caribbean. (Working Papers, No. 8). Ediciones Universidad Cooperativa de Colombia.
- Restrepo, D., Sabatier, C., Palacio, J., Hoyos, O., & Moreno, M. (2020). The influence of socioeconomic status on emotion regulation in adolescents. In A. D. Marenco-Escuderos (Ed.), Advances in psycho-affective studies and human development (pp. 54–78). Ediciones CUR.
- Suárez-Colorado, Y., & Restrepo, D. (2019). Personal resources in academic work: Self-efficacy as a tool for burnout intervention in university students. (Printed Content Development Document No. 9). Ediciones Universidad Cooperativa de Colombia.